

Take Every Measure to Curb the Sixth Wave of Infections!

In Hyogo Prefecture, COVID-19 has been spreading rapidly with the number of new cases on January 12 reaching 512.

We are anticipating further spread of infections as the highly infectious Omicron variant is quickly becoming a dominant strain.

We ask every one of you to take responsible action by implementing thorough infection prevention measures with a strong will of "Together We Prevent, Together We Fight against COVID-19" to stop further infection surge and prevent overwhelming hospitals.

1. Thoroughly implement basic infection prevention measures

- Thoroughly implement basic infection prevention measures in everyday life, such as wearing face masks (non-woven masks are recommended), washing or disinfecting your hands, avoiding the Three Cs (confined spaces, crowded places, and close contact) to achieve the "Zero Cs," keeping a safe distance from others, and ventilating rooms.
- Take cautious actions and thorough infection prevention measures, such as wearing face masks, when going to common areas at the workplace or school, including cafeterias, restrooms, changing rooms, smoking rooms, and school club rooms.
- Implement infection prevention measures at home, such as washing or disinfecting your hands upon returning home and managing the health of family members.
- If you feel unwell, immediately call and visit a medical institution. If you have any concerns about being infected, please take the free PCR test for Hyogo citizens.

2. Avoid risky behavior

- Avoid unnecessary and non-urgent travels to areas where a surge in infections has been observed, such as areas where the pre-emergency measures are applied.
- (When dining out) Dine in groups of four or less per table and do not stay in the restaurant for over two hours. Be sure to wear face masks during conversations. If you visit eating and drinking establishments that are not certified as taking proper measures, go in a group of four or less.
- Facilities that attract many visitors are requested to take thorough infection prevention measures, such as limiting visitors, urging them to wear face masks, and installing equipment to prevent the spread of droplets.
- If you have symptoms such as fever, refrain from going on trips and participating in events.

3. Get vaccinated

- Get vaccinated and continue to take basic infection prevention measures even after vaccination.