

# Don't Let Your Guard Down, Take Extra Caution to Prevent Resurgence!

The COVID-19 infections and healthcare systems in Hyogo Prefecture have been improving thanks to the understanding and cooperation of Hyogo citizens/business operators and efforts made by medical workers. However, we must not let our guard down and continue to take extra caution and thorough infection prevention measures to prevent another resurgence. Thus, we still strongly request each and every one of you to take responsible actions.

## 1. Thoroughly implement basic infection prevention measures

- Thoroughly implement basic infection prevention measures, such as avoiding the Three Cs, keeping a safe distance from others, wearing face masks (non-woven masks are recommended), washing or disinfecting your hands, and ventilating rooms. Those with symptoms such as fever are strongly requested to refrain from going to work or school.
- Take cautious actions and thorough infection prevention measures, such as wearing face masks, when going to common areas at the workplace or school, including cafeterias, restrooms, changing rooms, smoking rooms, and school club rooms.
- Thoroughly implement infection prevention measures at home, such as washing or disinfecting your hands upon returning home and managing the health of family members.

## 2. Avoid risky behavior

- When dining out, dine in groups of four or less per table and do not stay in the restaurant for over two hours. Be sure to wear face masks during conversations.
- Do not visit eating and drinking establishments or karaoke parlors that do not take thorough infection prevention measures.
- Facilities that attract many visitors are requested to avoid the Three Cs by organizing visitors.
- Do not drink alcohol on the streets or in the parks.

## 3. Get vaccinated

- Although many people in the prefecture have already been vaccinated, we further request those who have not been vaccinated, especially the younger generation, to get vaccinated before the flu season without being swayed by false rumors or incorrect information.
- Continue to take basic infection prevention measures, such as avoiding the Three Cs, wearing face masks, ventilating rooms, and disinfecting your hands, even after vaccination.